



The Catholic Parish of The Most Holy Trinity  
*Serving the communities of South West Fife*

## NEWSLETTER

1st February 2026



## MAKE THIS YOUR BEST LENT EVER!

**ALL PARISHIONERS ARE ENCOURAGED TO PARTICIPATE IN OUR LENTEN RETREAT FOR SPIRITUAL RENEWAL IN A POWERFUL RETREAT OF MARIAN CONSECRATION.**

It will be A 46-DAY SACRED JOURNEY with 2 minutes of enjoyable, daily, spiritual reading and the Rosary, all in the privacy of your home (or wherever you wish!). Receive extraordinary graces by joining in communal prayer for one another. The retreat will culminate on Holy Saturday with a **CONSECRATION TO OUR BLESSED MOTHER.**

You must register to participate by signing up with your e-mail in the back of the church after Mass. The book for the retreat, called MARY'S MANTLE CONSECRATION: A SPIRITUAL RETREAT FOR HEAVEN'S HELP, will be available in the back of the church, as well, or can be purchased through the website. An optional prayer journal is also available for those who wish to go deeper.

**Don't miss this wonderful and important opportunity for our parish to pray for one another, and for our loved ones.**

Contact Grace Tilsner for more information: [gracetilsner@hotmail.com](mailto:gracetilsner@hotmail.com)



## Bingo Afternoon

St Peter in Chains will be hosting a Bingo afternoon in the hall on Friday 13 February starting at 2pm, books on sale from 1-15 pm. Tickets available at all churches price £5 .

## Building Fund Donations

A BIG thank you to all of you that have contributed toward the Building Fund (2<sup>nd</sup> collection) which we relaunched across all Masses on a Sunday, following our Parish Assembly in November 2025.

To provide an update on this since then:

- Loose plate collection p/w: **£423.50**
- Standing order average p/w: **£119.00**

These funds will go a long way to support the repairs programme for our Parish.

Do you wish to support the Parish towards this? If you have any questions, wish to set up a standing order or need a Gift Aid Declaration form, you can you contact me by emailing the office or by phone. Margaret McKinlay

## WEE BOX Appeal 2026

This Lent, SCIAF invites parishes across Scotland to use their WEE BOX to learn, pray and act for global justice.

You can explore these resources together as a parish community or on your own. They have been written with inputs from Bishops, Priests, international partners and SCIAF staff.

Find out about SCIAF's work in Ethiopia where they are working with communities to bring life-giving water and support to those who need it most.

Your WEE BOX is now available to pick up from the back of the church.

[www.sciaf.org.uk/weebox](http://www.sciaf.org.uk/weebox)

## The CTS New Daily/Weekly Missal

LAST CALL. A fresh Missal order is due to be made. Anyone interested (we usually get discount for a group order).

- Sunday Missal £25
- Weekly Missal (Mon–Sat) £55.
- Daily Missal (Sun–Sat) £69.99.

Can you email the office. Thanks

## Archdiocesan News & Events

### Valentine's Day afternoon retreat

This Valentine's Day (Saturday 14 February) couples are invited to join the Archdiocese's afternoon retreat reflecting on the Gift of Marriage. It takes place 2pm-5pm at St Kentigern's Church, 26-28 Parkgrove Avenue, Edinburgh, EH4 7QR and is led by renowned Scottish Catholic playwright Stephen Callaghan and wife Rachel. Details and registration at [bit.ly/archretreat26](http://bit.ly/archretreat26)

### Catechists for Special Needs

SPRED (Special Religious Development) groups need more catechists! Your role will be share the Lord with adults with special needs at fortnightly term-time meetings. Catechists are trained by the Archdiocese and meet fortnightly for preparatory sessions. Interested? Contact Sr Mary Benedicta Maier RSM, SPRED Coordinator, at [srmary.benedicta@staned.org.uk](mailto:srmary.benedicta@staned.org.uk) to serve.

### SPRED (Sacramental Prep & Faith Formation for Children and Adults with Special Needs)

Children and adults with special needs are invited to participate more fully in the life of the Church by being welcomed into a SPRED (Special Religious Development) group. If you are interested in your child or adult son or daughter participating, Sr Mary Benedicta Maier RSM, SPRED Co-ordinator, would love to hear from you at [srmary.benedicta@staned.org.uk](mailto:srmary.benedicta@staned.org.uk).

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## READINGS AT MASS

Fourth Sunday In Ordinary Time (A)

FIRST READING Zephaniah 2:3; 3:12-13

*'I will leave in your midst a people humble and lowly.'*

RESPONSORIAL PSALM Ps 146(145)

R/. **Blessed are the poor in spirit;**  
**for theirs is the kingdom of heaven.**

SECOND READING 1 Corinthians 1:26-31

*'God chose what is weak in the world.'*

ACCLAMATION BEFORE THE GOSPEL

**Alleluia, alleluia.**

**Rejoice and be glad,**  
**for your reward is great in heaven**

**Alleluia.**

GOSPEL Matthew 5:1-12a

*'Blessed are the poor in spirit.'*

## CONFESION

Saturday: 10.30-11.00am (St John & St Columba)

Saturday: 4.15-4.45pm (St Peter in Chains)

Sunday: 4.15-4.45pm (Our Lady of Lourdes)

## ADORATION

Thursday: 6.30pm-7.25pm (St John & St Columba)

Saturday: 9.00am-9.55am (St John & St Columba)

## HOLY ROSARY

Recitation starting about 30mins before every Mass,  
except Thursday (Divine Mercy Chaplet instead),  
Saturday Vigil and 11.30am Sunday Mass.

## COLLECTIONS

Offertory (Sunday, 25 Jan 2026): £872.53

Building Fund (Sunday, 25 Jan 2026): £389.94

Standing Orders Offertory: £576.59\*

Standing Orders Building Fund: £119.00\*

\*This is an average figure for weekly donations.

## MASS SCHEDULE

DATE	TIME	CHURCH	INTENTION
<b>Sunday 1 February 2026</b> 4th Sunday in Ordinary Time	5.00pm (Sat) 9.30am 11.30am 5.00pm	St Peter in Chains St John & St Columba Our Lady of Lourdes Our Lady of Lourdes	Peter Wainwright, RIP Jimmie Meade, RIP Robert Smith, RIP For the People of the Parish
<b>Monday 2 February</b> The Presentation of the Lord <b>World Day of Consecrated Life</b>	9.30am	St Peter in Chains	Joe Steele, RIP
<b>Tuesday 3 February</b> (Saint Blaise) (Saint Ansgar)	9.30am	Our Lady of Lourdes	Helen Stevens, RIP (Mass includes the Blessing of Throats)
<b>Wednesday 4 February</b>			
<b>Thursday 5 February</b> St Agatha	7.30pm	St John & St Columba	Helen O'Neill, RIP
<b>Friday 6 February (1st Fri.)</b> Saint Paul Miki and Companions	9.30pm	St Peter in Chains	Thomas M. Schmidt, RIP
<b>Saturday 7 February (1st Sat.)</b> (Vigil Mass of Sunday)	10.00am 5.00pm	St John & St Columba St Peter in Chains	Haydn Carr, RIP Ursula Finkbeiner, RIP
<b>Sunday 8 February</b> 5th Sunday in Ordinary Time	9.30am 11.30am 5.00pm	St John & St Columba Our Lady of Lourdes Our Lady of Lourdes	For the People of the Parish Elizabeth Markie, RIP Liz Ward, RIP