



The Catholic Parish of The Most Holy Trinity
Serving the communities of South West Fife

NEWSLETTER

1st February 2026



MAKE THIS YOUR BEST LENT EVER!

ALL PARISHIONERS ARE ENCOURAGED TO PARTICIPATE IN OUR LENTEN RETREAT FOR SPIRITUAL RENEWAL IN A POWERFUL RETREAT OF MARIAN CONSECRATION.

It will be A 46-DAY SACRED JOURNEY with 2 minutes of enjoyable, daily, spiritual reading and the Rosary, all in the privacy of your home (or wherever you wish!). Receive extraordinary graces by joining in communal prayer for one another. The retreat will culminate on Holy Saturday with a **CONSECRATION TO OUR BLESSED MOTHER.**

You must register to participate by signing up with your e-mail in the back of the church after Mass. The book for the retreat, called MARY'S MANTLE CONSECRATION: A SPIRITUAL RETREAT FOR HEAVEN'S HELP, will be available in the back of the church, as well, or can be purchased through the website. An optional prayer journal is also available for those who wish to go deeper.

Don't miss this wonderful and important opportunity for our parish to pray for one another, and for our loved ones.

Contact Grace Tilsner for more information: gracetilsner@hotmail.com

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PARISH CONTACTS

Parish Priest

Fr Andrew Kingham tel: 01383 722202
email: frandrew.kingham@staned.org.uk

Parish Administrative Assistant

Fiona Meade, with effect from 8 February 2026
(Interim Cover – Margaret McKinlay)

Parish Office

tel: 01383 722202
Office Hours: Tues-Thurs, 10am – 2pm
67 Aberdour Road, Dunfermline, KY11 4QZ
office.holytrinitydunfermline@staned.org.uk

Visit our website: www.catholicswfife.com
Follow us online: [Facebook.com/catholicswfife](https://www.facebook.com/catholicswfife)

Parish Safeguarding Coordinators

Margaret Hall (OLOL) tel: 07583 935244
Michael McCourt (SPIC) tel: 07540 051123
Jessie Moore (OLOL): jessie.moore@staned.org.uk
Karen Parker (SJSC) tel: 07443 414311
Lisa Quinn (SJSC) tel: 07398 451276

Children's Sacramental Catechesis Coordinator

Erika Anderson tel:

Gift Aid Coordinator

Margaret McKinlay tel: 07912 568398

Property Management Team

Vacant

Parish Diary

- 2 Feb** RCIA: session 14
Our Lady of Lourdes Presbytery, 7pm.
- 10 Feb** Mothers Prayers
Our Lady of Lourdes Church, 11am
- 11 Feb** Our Lady of Lourdes Feast Day Mass
Our Lady of Lourdes Church, 7.30pm
- 17 Feb** Senior Leadership Team
Our Lady of Lourdes Presbytery, 7pm.

Please pray for those who are sick:

John Ash, Celia Murphy.

Please pray for those who have died recently:

Tony Cascarino, RIP; Jane Douglas, RIP; Helen O'Neill, RIP; Sylvia Munro, RIP; Martin Robertson, RIP; Joe Steele, RIP.

Parish Notices

Countdown to Lent!

Ash Wednesday is 18th February

You should return your old palms from last year and leave them in the baskets at the back of the church. These will be burned to make ashes for this year's celebration.

MEN AND BOYS

Please remember to uncover your head before you enter the church.

Hats, hoods, caps and beanies should be removed as a sign of respect.

(Even in winter!)

Walsingham Pilgrimage

We have finally managed to secure a firm date and costs for our September Pilgrimage to Walsingham. The trip will be from 28 September to 2 October 2026 with places for 16 pilgrims staying at the Anglican Shrine in Walsingham.

The total cost per person has worked out at £550. This includes full board accommodation, travel costs, and evening meal at the West Lynn Brewers Fayre on the night of arrival. A £40 deposit is required by 28 February 2026 to secure your space and I am happy to take money at assigned dates throughout the year before we travel.

If you have any questions or would like to confirm your space please contact Leah Polus on 07415 980685 or leahpolus1982@gmail.com

Bingo Afternoon

St Peter in Chains will be hosting a Bingo afternoon in the hall on Friday 13 February starting at 2pm, books on sale from 1-15 pm. Tickets available at all churches price £5 .

Building Fund Donations

A BIG thank you to all of you that have contributed toward the Building Fund (2nd collection) which we relaunched across all Masses on a Sunday, following our Parish Assembly in November 2025.

To provide an update on this since then:

- Loose plate collection p/w: **£423.50**
- Standing order average p/w: **£119.00**

These funds will go a long way to support the repairs programme for our Parish.

Do you wish to support the Parish towards this? If you have any questions, wish to set up a standing order or need a Gift Aid Declaration form, you can contact me by emailing the office or by phone. Margaret McKinlay

WEE BOX Appeal 2026

This Lent, SCIAF invites parishes across Scotland to use their WEE BOX to learn, pray and act for global justice.

You can explore these resources together as a parish community or on your own. They have been written with inputs from Bishops, Priests, international partners and SCIAF staff.

Find out about SCIAF's work in Ethiopia where they are working with communities to bring life-giving water and support to those who need it most.

Your WEE BOX is now available to pick up from the back of the church.

www.sciaf.org.uk/weebox

The CTS New Daily/Weekly Missal

LAST CALL. A fresh Missal order is due to be made. Anyone interested (we usually get discount for a group order).

- Sunday Missal £25
- Weekly Missal (Mon–Sat) £55.
- Daily Missal (Sun–Sat) £69.99.

Can you email the office. Thanks

Archdiocesan News & Events

Valentine's Day afternoon retreat

This Valentine's Day (Saturday 14 February) couples are invited to join the Archdiocese's afternoon retreat reflecting on the Gift of Marriage. It takes place 2pm-5pm at St Kentigern's Church, 26-28 Parkgrove Avenue, Edinburgh, EH4 7QR and is led by renowned Scottish Catholic playwright Stephen Callaghan and wife Rachel. Details and registration at bit.ly/archretreat26

Catechists for Special Needs

SPRED (Special Religious Development) groups need more catechists! Your role will be share the Lord with adults with special needs at fortnightly term-time meetings. Catechists are trained by the Archdiocese and meet fortnightly for preparatory sessions. Interested? Contact Sr Mary Benedicta Maier RSM, SPRED Coordinator, at smary.benedicta@staned.org.uk to serve.

SPRED (Sacramental Prep & Faith Formation for Children and Adults with Special Needs)

Children and adults with special needs are invited to participate more fully in the life of the Church by being welcomed into a SPRED (Special Religious Development) group. If you are interested in your child or adult son or daughter participating, Sr Mary Benedicta Maier RSM, SPRED Co-ordinator, would love to hear from you at smary.benedicta@staned.org.uk.

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READINGS AT MASS

Fourth Sunday In Ordinary Time (A)

FIRST READING Zephaniah 2:3; 3:12-13

'I will leave in your midst a people humble and lowly.'

RESPONSORIAL PSALM Ps 146(145)

R/. **Blessed are the poor in spirit;
for theirs is the kingdom of heaven.**

SECOND READING 1 Corinthians 1:26-31

'God chose what is weak in the world.'

ACCLAMATION BEFORE THE GOSPEL

Alleluia, alleluia.

**Rejoice and be glad,
for your reward is great in heaven
Alleluia.**

GOSPEL Matthew 5:1-12a

'Blessed are the poor in spirit.'

CONFESSION

Saturday: 10.30-11.00am (St John & St Columba)

Saturday: 4.15-4.45pm (St Peter in Chains)

Sunday: 4.15-4.45pm (Our Lady of Lourdes)

ADORATION

Thursday: 6.30pm-7.25pm (St John & St Columba)

Saturday: 9.00am-9.55am (St John & St Columba)

HOLY ROSARY

Recitation starting about 30mins before every Mass, except Thursday (Divine Mercy Chaplet instead), Saturday Vigil and 11.30am Sunday Mass.

COLLECTIONS

Offertory (Sunday, 25 Jan 2026): £872.53

Building Fund (Sunday, 25 Jan 2026): £389.94

Standing Orders Offertory: £576.59*

Standing Orders Building Fund: £119.00*

*This is an average figure for weekly donations.

MASS SCHEDULE

DATE	TIME	CHURCH	INTENTION
Sunday 1 February 2026 4th Sunday in Ordinary Time	5.00pm (Sat) 9.30am 11.30am 5.00pm	St Peter in Chains St John & St Columba Our Lady of Lourdes Our Lady of Lourdes	Peter Wainwright, RIP Jimmie Meade, RIP Robert Smith, RIP For the People of the Parish
Monday 2 February The Presentation of the Lord World Day of Consecrated Life	9.30am	St Peter in Chains	Joe Steele, RIP
Tuesday 3 February (Saint Blaise) (Saint Ansgar)	9.30am	Our Lady of Lourdes	Helen Stevens, RIP (Mass includes the Blessing of Throats)
Wednesday 4 February			
Thursday 5 February St Agatha	7.30pm	St John & St Columba	Helen O'Neill, RIP
Friday 6 February (1st Fri.) Saint Paul Miki and Companions	9.30pm	St Peter in Chains	Thomas M. Schmidt, RIP
Saturday 7 February (1st Sat.) (Vigil Mass of Sunday)	10.00am 5.00pm	St John & St Columba St Peter in Chains	Haydn Carr, RIP Ursula Finkbeiner, RIP
Sunday 8 February 5th Sunday in Ordinary Time	9.30am 11.30am 5.00pm	St John & St Columba Our Lady of Lourdes Our Lady of Lourdes	For the People of the Parish Elizabeth Markie, RIP Liz Ward, RIP

Please email items to be included in the Newsletter to
office.holytrinitydunfermline@staned.org.uk by 12 noon on Thursday.