



The Catholic Parish of The Most Holy Trinity

Serving the communities of South West Fife

NEWSLETTER

8th February 2026

Mary's Mantle Consecration



(See page 2 for more information.)

PARISH CONTACTS

Parish Priest

Fr Andrew Kingham tel: 01383 722202
email: frandrew.kingham@staned.org.uk

Parish Administrative Assistant

Fiona Meade tel: 01383 722202

Parish Office

tel: 01383 722202
Office Hours: Tues-Thurs, 10am – 2pm
67 Aberdour Road, Dunfermline, KY11 4QZ
office.holytrinitydunfermline@staned.org.uk

Visit our website: www.catholicswfife.com

Follow us online: [Facebook.com/catholicswfife](https://www.facebook.com/catholicswfife)

Parish Safeguarding Coordinators

Margaret Hall (OLOL) tel: 07583 935244
Michael McCourt (SPIC) tel: 07540 051123
Jessie Moore (OLOL): jessie.moore@staned.org.uk
Karen Parker (SJSC) tel: 07443 414311
Lisa Quinn (SJSC) tel: 07398 451276

Children's Sacramental Catechesis Coordinator

Erika Anderson tel:

Gift Aid Coordinator

Margaret McKinlay tel: 07912 568398

Property Management Team

Vacant

Parish Diary

- 8 Feb** Children's Enrolment for Confirmation
All Sunday Masses
- 11 Feb** Mothers Prayers
Our Lady of Lourdes Church, 11am
Our Lady of Lourdes Feast Day Mass
Our Lady of Lourdes Church, 7.30pm
- 17 Feb** Finance Committee meeting
Our Lady of Lourdes Presbytery, 10.30am;
Senior Leadership Team
Our Lady of Lourdes Presbytery, 7pm.
- 24 Feb** Celebration of First Reconciliation
St John & St Columba's Church, 6.30pm
- 14 Mar** Father Andrew's Leaving Party
St Peter in Chains Church Hall, 7.00pm.

Please pray for those who are sick:

John Ash, Celia Murphy.

Please pray for those who have died recently:

Tony Cascarino, RIP; Jane Douglas, RIP; Helen O'Neill, RIP; Sylvia Munro, RIP; Martin Robertson, RIP; Joe Steele, RIP.

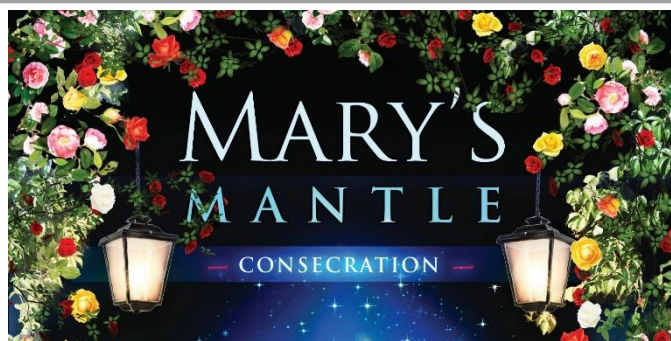
Parish Notices

Walsingham Pilgrimage

We have finally managed to secure a firm date and costs for our September Pilgrimage to Walsingham. The trip will be from 28 September to 2 October 2026 with places for 16 pilgrims staying at the Anglican Shrine in Walsingham.

The total cost per person has worked out at £550. This includes full board accommodation, travel costs, and evening meal at the West Lynn Brewers Fayre on the night of arrival. A £40 deposit is required by 28 February 2026 to secure your space and I am happy to take money at assigned dates throughout the year before we travel.

If you have any questions or would like to confirm your space please contact Leah Polus on 07415 980685 or leahpolus1982@gmail.com



MAKE THIS YOUR BEST LENT EVER!

All parishioners are encouraged to participate in our Lenten retreat for spiritual renewal in a powerful retreat of Marian consecration.

It will be A 46-Day Sacred Journey with 2 minutes of enjoyable, daily, spiritual reading and the Rosary, all in the privacy of your home (or wherever you wish!). Receive extraordinary graces by joining in communal prayer for one another. The retreat will culminate on Holy Saturday with a Consecration to Our Blessed Mother.

You must register to participate by signing up with your e-mail in the back of the church after Mass. The book for the retreat, called Mary's Mantle Consecration: A Spiritual Retreat For Heaven's Help, will be available in the back of the church, as well, or can be purchased through the website. An optional prayer journals also available for those who wish to go deeper.

Don't miss this wonderful and important opportunity for our parish to pray for one another, and for our loved ones.

Contact Grace Tilsner for more information:

gracetilsner@hotmail.com

200 Club Winners – January 2026

1st Prize	M. Meade
2nd Prize	T. Gallagher
3rd Prize	C. Bennett

Bingo Afternoon

St Peter in Chains will be hosting a Bingo afternoon in the hall on Friday 13 February starting at 2pm, books on sale from 1-15 pm. Tickets available at all churches price £5 .

Countdown to Lent!

Ash Wednesday is 18th February

You should return your old palms from last year and leave them in the baskets at the back of the church. These will be burned to make ashes for this year's celebration.

WEE BOX Appeal 2026

This Lent, SCIAF invites parishes across Scotland to use their WEE BOX to learn, pray and act for global justice.

You can explore these resources together as a parish community or on your own. They have been written with inputs from Bishops, Priests, international partners and SCIAF staff.

Find out about SCIAF's work in Ethiopia where they are working with communities to bring life-giving water and support to those who need it most.

Your WEE BOX is now available to pick up from the back of the church.

www.sciaf.org.uk/weebox

Stations of the Cross

The Archdiocese hosts online Stations of the Cross each Monday in Lent. The first one is on Monday 23 February at 7:45pm and will feature a reflection from Archbishop Leo. The annual event is to pray for unborn children, their mothers and all pro-life intentions. Register at bit.ly/stations26

Archdiocesan News & Events

Monthly Holy Hour for Vocations to the Priesthood & Religious Life

A silent Holy Hour with Eucharistic Adoration to pray for vocations to the priesthood and religious life takes place at the convent chapel of the Religious Sisters of Mercy of Alma, at St Andrew's, 77 Belford Road, Edinburgh, EH4 3DS, on Monday 9 February, 6:30pm-7:30pm. The Holy Hour will be every second Monday of the month thereafter

Catholic Women Writers: Voices from Scotland & Beyond

Dr Linden Bicket & Dr Rebekah Lamb-Varela will share the life and works of women such as Immaculée Iligaziba, Muriel Spark and St Thérèse of Lisieux, at this free event on Wednesday 11 February, 5:45pm to 8:30pm, at The Gillis Centre, 100 Strathearn Road, Edinburgh, EH9 1BB.

Register: <https://tinyurl.com/bdek2p8p>

Valentine's Day afternoon retreat

This Valentine's Day (Saturday 14 February) couples are invited to join the Archdiocese's afternoon retreat reflecting on the Gift of Marriage. It takes place 2pm-5pm at St Kentigern's Church, 26-28 Parkgrove Avenue, Edinburgh, EH4 7QR and is led by renowned Scottish Catholic playwright Stephen Callaghan and wife Rachel. Details and registration at bit.ly/archretreat26

NEWSLETTER

8th February 2026

READINGS AT MASS

Fifth Sunday In Ordinary Time (A)

FIRST READING Isaiah 58:6-10

'Your light shall break forth like the dawn.'

RESPONSORIAL PSALM Ps 112(111)

R/. **A light rises in the darkness for the upright.**

SECOND READING 1 Corinthians 2:1-5

'I proclaimed to you the mystery of Christ crucified.'

ACCLAMATION BEFORE THE GOSPEL

Alleluia, alleluia.

**I am the light of the world, says the Lord;
whoever follows me will have the light of life.**

Alleluia.

GOSPEL Matthew 5:13-16

'You are the light of the world.'

CONFESSION

Saturday: 10.30-11.00am (St John & St Columba)

Saturday: 4.15-4.45pm (St Peter in Chains)

Sunday: 4.15-4.45pm (Our Lady of Lourdes)

ADORATION

Thursday: 6.30pm-7.25pm (St John & St Columba)

Saturday: 9.00am-9.55am (St John & St Columba)

HOLY ROSARY

Recitation starting about 30mins before every Mass, except Thursday (Divine Mercy Chaplet instead), Saturday Vigil and 11.30am Sunday Mass.

COLLECTIONS

Offertory (Sunday, 1 Feb 2026): £914.46

Building Fund (Sunday, 1 Feb 2026): £579.01

Standing Orders Offertory: £576.59*

Standing Orders Building Fund: £119.00*

*This is an average figure for weekly donations.

MASS SCHEDULE

DATE	TIME	CHURCH	INTENTION
Sunday 8 February 2026 5th Sunday in Ordinary Time	5.00pm (Sat) 9.30am 11.30am 5.00pm	St Peter in Chains St John & St Columba Our Lady of Lourdes Our Lady of Lourdes	Ursula Finkbeiner, RIP For the People of the Parish Elizabeth Markie, RIP Liz Ward, RIP
Monday 9 February			
Tuesday 10 February <i>Saint Scholastica</i>			
Wednesday 11 February <i>(Our Lady of Lourdes)</i> (SOLEMNITY: <i>Our Lady of Lourdes Church only</i>) World Day of the Sick	7.30pm	Our Lady of Lourdes	Anna and Jim Hain, RIP
Thursday 12 February	7.30pm	St John & St Columba	Colin Tunnicliffe, RIP
Friday 13 February	9.30pm	St Peter in Chains	<i>Ad intentionem dantis</i>
Saturday 14 February Saints Cyril & Methodius (Vigil Mass of Sunday)	10.00am 5.00pm	St John & St Columba St Peter in Chains	Elsbeth Palmer, RIP Joe Steele, RIP
Sunday 15 February 6th Sunday in Ordinary Time	9.30am 11.30am 5.00pm	St John & St Columba Our Lady of Lourdes Our Lady of Lourdes	For the People of the Parish Alexander McAuley, RIP Michael Ward, RIP